



JULY - 2026

NIMIIPUU HEALTH

SUN

MON

TUES

WED

THUR

FRI

SAT

HOURS

✉ caram@nimiipuu.org

Clinics: M-F 8am-4:30pm

Pharmacy: M-F 8am-5:30pm

Fitness Center: M-Th 6am-7pm

F 6am-3:30pm

1



2



3

NIMIIPUU HEALTH

CLOSED

4th of July

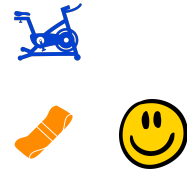
4

5

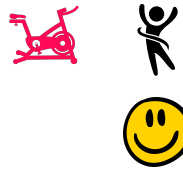
6



7



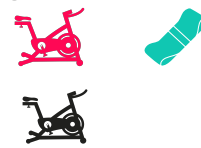
8



9



10



11

12

13



14



15



16



17



18

19

20



21



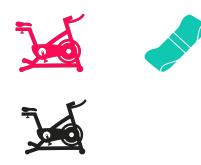
22



23



24



25

26

27



28



29



30



31



KEY

Spin Class -Dr. Capawana 12pm

Lapwai Fit & Fall Proof Class Lapwai Conf Rm Wed-2:30pm/Thur-1pm

Band, Strength & Stability Class-Fitness Center 12pm

Spin Class Cara 6am

Youth Enrichment Days Kam. Oro. & Lew. 8am

Art Therapy Session Art Uncorked, Lewiston 5pm

Wellness Support Group Lapwai Conf Rm 5pm

Kamiah Band, Strength & Stability Class Wa-A'Yas 12pm

Spin Class Cara 11am

Community Cooking Class Lapwai Conf Rm 4:30pm

Women's Health Open House 1pm Community Health Side - Lapwai

Mobile Food Dist. LHS 9am