

# Nimiipuu Health Mileage Club



**KAMIAH**

**12PM-1PM | WA-A'YAS**

**JUNE - 3, 10 & 24**

**JULY - 1, 15 & 22**

**LAPWAI**

Lapwai Mileage Club will be on a brief hiatus for the month of June. We'd like to encourage families to move your bodies daily & drink water. We will see you in July!

**WALK  
WITH US!**



- 👉 First three miles completed each month, receive the monthly charm
- 👉 Earn a bonus charm for each additional mile
- 👉 If you walk/jog at least three miles/month (minimum to earn your monthly charm), you will have completed a marathon by the end of the school year
- 👉 Marathon finishers party at the end of the school year
- 👉 Additional Prizes throughout the year!

**FOR MORE INFO**

**KAMIAH- SONYA OR TAMI 208.935.0733 | LAPWAI- CRISSY OR JULIE 208.843.9375**