



MAY - 2026

NIMIIPUU HEALTH



SUN

MON

TUES

WED

THUR

FRI

SAT

HOURS

✉ caram@nimiipuu.org

Clinics: M-F 8am-4:30pm

Pharmacy: M-F 8am-5:30pm

Fitness Center: M-Th 6am-7pm

F 6am-3:30pm

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3	4	5	6	7	8	9
10	11 NIMIIPUU HEALTH CLOSED <i>Cultural Awareness</i>	12	13	14	15	16
17	18	19	20	21	22	23
24	25 NIMIIPUU HEALTH CLOSED <i>Memorial Day</i>	26	27	28	29	30
						31

KEY

- Lapwai Mileage Club LHS Track 12pm
- Spin Class -Dr. Capawana 12pm
- Spin Class Cara 11am
- Medicare Workshop Lapwai Conf Rm 10:30am
- Band, Strength & Stability Class-Fitness Center 12pm
- Wellness Support Group Lapwai Conf Rm 5pm
- Kamiah Band, Strength & Stability Class Wa-A'Yas 12pm
- Kamiah Mileage Club inside Wa-A'Yas 12pm
- No-Cost Medical Event (IRT) Elementary 8am-5pm
- Spin Class Cara 6am
- Kamiah Fit & Fall Proof Class-Wa-A'Yas 1pm
- Mobile Food Dist. LHS 9am
- Lapwai Fit & Fall Proof Class Lapwai Conf Rm Wed-2:30pm/Thur-10am
- Lapwai Community Cooking Class Lapwai Conf Rm 4:30pm
- Hospice Lunch & Learn Lapwai Conf Rm 12pm