

Salsa ( small amount)

So one Jar:

Taco salad

( dont' need taco seasoning will let the ranch and salsa be it)

Ground beef

Corn

Black beans

Tomatoes

Green pepper

Shredded cheese

Lettuce blend

Ranch and salsa as dressing

Next jar:

Layered salad

Raspberry vinagrette

Hard boiled eggs

Bacon

Celery

Frozen peas

Green pepper

Grated cheese

Lettuce sunflower seeds

3 rd jar mediterranean chicken

Italian dressing

Diced chicken

Cucumber

Whole wheat pasa

Diced tomato

Green pepper

Cheese

Sliced olives

Lettuce ?

Then for the friday class:

Chocolate covered strawberries

Wax paper

Strawberries

Toothpicks

Semi sweet chocolate chips

White chocolate chips

Microwaved proof bowl ( to melt the chips if we don't want to use the double boiler or have Julie S bring her double boiler if she wants us to use it).