

Nimiipuu Health Mileage Club

JULY

LAPWAI

JULY 10 - 14 - 24 - 29

12PM-1PM @ LHS TRACK



Kamiah Mileage Club will be on a brief pause for the month of July. Our Kamiah reps would like to remind folks to keep moving, daily. They can't wait to see everyone when Kamiah Mileage Club returns in August!

- First three miles completed each month, receive the monthly charm
- Earn a bonus charm for each additional mile
- If you walk/jog at least three miles/month (minimum to earn your monthly charm), you will have completed a marathon by the end of the school year
- Marathon finishers party at the end of the school year
- Additional Prizes throughout the year!



FOR MORE INFO | CRISSY OR JULIE 208.843.9375