



JULY 2025



NIMIIPUU HEALTH



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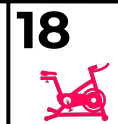
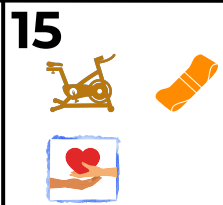
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19

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31

HOURS ✉ caram@nimiipuu.org
Clinics: M-F 8am-4:30pm
Pharmacy: M-F 8am-5:30pm
Fitness Center: M-Th 6am-7pm
F 6am-3:30pm

KEY

Lapwai Community Cooking Class
Lapwai Conf Rm 4:30pm

Waq'isnáawit Youth Enrichment
Days Spaulding/Lewiston 8am

Lapwai Mileage Club
LHS Track 12pm

Spin Class
Cara 6am

Wellness Support Group
Lapwai Conf Rm 5pm

Spin Class
Cara 11am

Resistance Band Class
Marissa & Kristine 12pm