

MARCH CYCLING

CLASSES

*in the NMPH
Fitness Center*



MON. WED. & FRI.

@ 6AM *(No Class March 18-28)*

& TUES. @ 11AM

With Cara



**FRIDAYS
MARCH 7, 14, & 28
@ 12PM**

With Dr. Capawana

For questions or more information
208.843.2271 ext.2847