


































MARCH-2025

NIMIIPUU HEALTH



| SUN | MON | TUES | WED | THUR | FRI | SAT |
|-----|--|--|--|---|---|-----|
| 1 | 3 | 4 | 5 | 6 | 7 | 8 |
| 2 |   |   |    |  |   | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| |   |  |   |    |   | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| |   | |  |  |  | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| |  |  |  |  |  | |
| 30 | 31 | | | | <p>HOURS  caram@nimiipuu.org</p> <p>Clinics: M-F 8am-4:30pm Pharmacy: M-F 8am-5:30pm Fitness Center: M-Th 6am-7pm F 6am-3:30pm</p> | |

KEY

 Lapwai Community Cooking Class
Lrg. Conf. Rm. 4:30pm

 Kamiah Diabetes Support
Group Wa-A'Yas 1pm

 Kamiah Fit & Fall Proof
Class - Wa-A'Yas 1pm

 Kamiah Mileage Club
Inside Wa-A'Yas 12pm

 Wellness Support Group
Lapwai Conf Rm 5pm

 Lapwai Mileage Club
LHS Track 12pm

 Spin Class -Dr.
Capawana 12pm

 Spin Class
Cara 11am

 Spin Class
Cara 6am