



waq'iswiisa

(I am becoming well)

Community Cooking Class



Thur. Jan. 30

12pm-1pm

Wa-A'Yas
Kamiah

Nimiipuu Health Nutritionist, Julie will lead us in cooking diabetes friendly food with the help of Community Health Representative, Sonya and Public Health Nurse, Tami.

Everyone Welcome!

This is a Nimiipuu waq'iswiisa (I am Becoming Well) Wellness Program Event. For more info contact Julie Keller: juliek@nimiipuu.org or 208.843.9375 ext.2921